

6-Current Medical Uses of Music Article Briefs

Beware music's healing power

By Norman Lebrecht / August 9, 2001

I HAVE been listening to a disc of music that is supposed to help cure cancer. Members of the Sulis ensemble have been working with in-patients at the Bristol Cancer Help Centre, performing specially composed contemplative pieces and inviting the audience to attempt improvisations on a variety of percussive instruments. In a controlled survey of 29 mostly female patients aged 21 to 68, researchers noticed significantly increased levels of salivary immunoglobulin A and lower levels of cortisol after the concerts. This would appear to indicate an improvement in the patients' immune status, as well as an enhanced state of wellbeing...

<http://www.scena.org/columns/lebrecht/010809-NL-cure.html>

Exciting New Research on Music Medicine & Therapy

By Dr. Alice Cash

The fields of music medicine and music therapy are filled with on-going research into every possible area of music. Thank goodness many people today are quite interested in how music can help in healing the mind, body, and spirit and, at the same time keep us from needing so many potentially harmful and addictive drugs. Many drugs are quite useful and helpful but many Americans, Canadians, Europeans, and other citizens of the world take far more than they really need. Music can be part of the solution!

http://www.healingmusicenterprises.com/articles/research_music_medicine.html

The Role of Music and Sound in Healing from Cancer –

By Amrita Cottrell

Sound and music can be powerful tools in the healing process. They can be utilized as medicine some cases, but in all situations they can certainly be used as a pleasant adjunct to any form medical treatment.

<http://www.healingmusic.org/Library/Articles/MusicAndSoundInHealingFromCancer.asp>

The Influence of Music on Health.

Music is a combination of frequency, beat, density, tone, rhythm, repetition, loudness, and lyrics. Different Basic Personalities tend to be attracted to certain styles of music. Energy Block patterns can intensify, reduce, or change these natural inclinations of a person's identity.

<http://www.earthtym.net/cure05.htm>

Music and Wellness: Top Ten Tips,

by Dr. Alice Cash

Understanding the two basic principles of music healing-A. Entrainment B. Isoprinciple
Music with Pregnancy and Newborns -. Lullabies B. Music and developing infant brain
The "Mozart Effect"---why Mozart?

Music for Depression & Anxiety: how does it work?- A. Recorded Music B. Live Music

Music for Surgery –A.Pre-surgery B. Surgery C. Post-surgery

Music for sleep and rest

Music in the Workplace

Music and Pain Management

Music with Addictions

Music with the Elderly

http://www.healingmusicenterprises.com/articles/music_wellness_top_10.html

Healing Music: Healing Through Music

By Kate and Richard Mucci

Every material thing - every person, animal, rock and tree on the earth, even Mother Earth herself - has its own natural resonating frequency. The Earth's own electromagnetic field, deep space, and people in a meditative state are all resonating at a frequency of approximately 7.8 hertz. This is called the Schumann Resonating Frequency.

http://www.experiencefestival.com/a/Healing_Music/id/21691

The Clinical Use of Sound

by Jeffrey Thompson, DC, BFA

Human beings have been using sound to access deeper states of consciousness, expanded awareness and heal the body for thousands of years. Chanting, toning, Tibetan singing bowls, Chinese meditation gongs and the use of mantras are just a few examples.

<http://www.healingmusic.org/Library/Articles/ClinicalUseOfSound.asp>

Music as Medicine

Got pain? Got the blues? Try the music cure by Sarí N. Harrar

A 79-year-old stroke survivor learns to walk again as the "Battle Hymn of the Republic" guides his legs.

<http://www.prevention.com/article/0,5778,s1-1-52-160-2196-1,00.html>

Miracles in the Music

January 2007 Issue

Author: Jennifer Haliburton

..."Hope is half the battle in any life-threatening illness, and music has the power to attach to something inside of you, something of great meaning," McGovern says. "So often, music gives people the will to live, the will to go on.

<http://members.lycos.co.uk/bigcurty/Ohiomagazine.pdf>

Using Quantum Medicine to Unravel Stressors That Provoke Carcinogenesis

By Stephen Linsteadt, NHD. and Jorge Llamas, M.D.

... Resonance generators can be added to the circuit in order to provide a frequency oscillation that will act as a stimulant to the organ or system involved in dysregulation. The electromagnetic oscillation, when in resonance with the particular bioresonance frequencies of the organism, will induce an influx of energy to the specific resonance matched organ or system. When a resonance match is achieved, the increase in regulative potentiating energy will immediately register as increased conductance along the organ specific meridian channel...

<http://www.naturalhealinghouse.com/using.htm>

Using Sedative Music in Treating Anxiety and Panic ~ A Patient/Composer's Perspective

by Chuck Wild (Liquid Mind)

I designed Liquid Mind to facilitate my own healing regimen with no reliance on pharmaceuticals. My requirements were that the music be slow in tempo, full harmonically, more or less continuous, somewhat frequency restricted, atmospheric (did not attract too much attention to itself), and emotionally rich. Of all these elements, the most important was that the compositions be unrushed, at a very slow tempo, without discernible meter. My Outcome: Using slow music (rather than medication), I felt an increased sense of control, confidence, focus, and mobility, as I gathered the tools for a healthier and saner life. Episodes of anxiety, panic and overwhelm became less and less frequent. A growing sense of independence and working hard at my healing regimen helped to restore my sense of "having a life", and assisted me in the re-socialization process...

<http://www.liquidmindmusic.com/therapy/therapy2.html>

What is Healing Music? A Closer Look

by Amrita Cottrell

Since the beginning of recorded history, music has played a significant role in the healing. Music and healing were communal activities that were natural to everyone. In ancient Greece, was both the god of music and medicine. Ancient Greeks said, "Music is an art imbued with penetrate into the very depths of the soul."

<http://www.healingmusic.org/Library/Articles/WhatIsHealingMusic.asp>

Music a Folk Medicine From The Beginning of Time

By: Marteinn Bjarnar

History teaches that the power of musical healing was well known among people of former times. Primitive peoples used voice and instruments such as drums and rattles to magnify the healing effect of various herbal medicines. It was the medicine men (witchdoctors) who were responsible for the health and wholeness of individuals in society by the use of group ceremonies and various kinds of dance, and they maintained equilibrium in the physical, mental and spiritual welfare of the people, in concerted faith with the spirits and gods of nature.

<http://interact.uoregon.edu/medialit/wfae/reviews/folkmedicine.html>

The Music of Healing

By Karen R. Nelson

From the siren's serenade to sweeping national anthems or rousing gospel hymns, music claimed powers of temptation and salvation. The idea that music can affect healing is at least as old as the writings of Aristotle and Plato.

<http://www.healingmusic.org/Library/Articles/TheMusicOfHealing.asp>

Spiritual Healing: Bhakthi Sankeertan - Healing through music

By Krupa Darshan

The mind and body are connected. The human mind is not housed in the brain as per the conventional thought but rather; the mind is present everywhere and therefore pervades every cell of the body. What is the human mind? Mind is an aggregate of all life experiences be it pain, pleasure, hurt, anger, joy, anxiety; it could be anything.

http://www.experiencefestival.com/a/Spiritual_Healing/id/3935

Group Drumming Boosts Cancer-Killer Cells in Study

Connie Tejada , Giles Communications

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Researchers Take Promising First Step Down Road to Potential New Therapies

CARLSBAD, Calif.—A groundbreaking study due to be published in the January 2001 issue of *Alternative Therapies* links a specific type of group drum playing, known as Composite drumming, with an increase in Natural Killer (NK) cell activity, one of the mechanisms through which the body combats cancer and viral illnesses. These findings reinforce the theory of a mind-body connection that influences the immune system, and may point the way to reversing the “Classic Stress Response” which depresses immune system function...

<http://www.amc-music.com/drumstudy/Bittman%20lead%20release.doc>

The Gifts of Healing

by Amrita Cottrell

“Be careful what you wish for; you just might get it.” This glib little metaphysical saying, for years. It has only been recently that I deeply understand its significance in my life. One hand, we think or desire something--to heal from a life-threatening disease. On the other receiving what we ask for frequently means stepping into a bigger world, with all its possibilities, responsibilities and unforeseen challenges.

<http://www.healingmusic.org/Library/Articles/TheGiftsOfHealing.asp>

DNA Activation Music: The Next Evolution In Sound Healing

by ShapeshifterThree

We are at profound crossroads in human history that represents both critical crisis and powerful potential. More and more we are witnessing waves of individuals that through intensive inner work, years of slaying personal dragons and an ongoing re-ordering of what they thought was their world and identity, harnessing their creative potential and discovering their true callings. In that respect, this current cycle of escalating chaos holds within it the opportunity for global transformation. The profound effect of music on body, mind and spirit has been noted for centuries, and the dawning awareness of a new movement in Sound Healing is taking hold as a legitimate, even essential component to physical, psychological, emotional and spiritual well being and wholeness. Visionary Music is an Internatioanal Company whose efforts and pure intention of the last 20 years has enabled them to become clear channels for soundwaves and frequencies uniquely coded to activate the dormant potentials lying within each persons DNA. It has long been scientifically proven and acknowledged that as individuals, we only use 3% of our DNA potential. That means we walk around, making our way through our daily realities the best we know how, with 97% of the potential our Creator gifted us with, untapped and unused! And that is just accounting for the 2 strands noted and validated by the scientific community. In Truth...in the world of metaphysics, where intuition supercedes what is known and can be proven, higher wisdom has discerned the awareness of an additional 10 strands; within which is the possibility of humankind reaching the full potential of 12 strand actualization. Can you imagine?...

http://www.visionarymusic.com/art_soundhealing.html

Scientists 'hear' skin cancer cells

COLUMBIA, Mo., Oct. 17 (UPI) -- U.S. scientists say they can detect the spread of skin cancer cells through the blood by literally listening to the cells' sound.

<http://www.sciencedaily.com/upi/index.php?feed=Science&article=UPI-1-20061017-16490500-bc-us-canceracoustics.xml>

Western Medicine in Question

NATURAL "CURES" THEY DON'T WANT YOU TO KNOW ABOUT

Posted By: Ghostwolfemoon

Date: Thursday, 26 October 2006

The following excellent articles from The Ether Zone, by April Shenandoah, is a must read and study article on disease and healing. If you are not aware of the deceit of the big Pharmacy companies, this will be a wake up call for natural medicines like herbs and such.

In Trudeau ' s new book MORE Natural " Cures " REVEALED, he wrote " ...pharmaceutical drug companies are virtually all publicly traded corporations. They have one goal... to sell more drugs and their expensive treatments. I watched government agencies around the world routinely attack and persecute individual citizens and companies for doing nothing more than exposing people to truthful information about natural inexpensive ways to treat, prevent, and cure disease. " He continues, " Remember, I have met secretly with the heads of many of these agencies around the world in my role as a covert operative. I know how the bribes, payoffs, and illegal coercion work between politicians, government regulators, and corporations. I and the hundreds of authors, consumer advocates, scientists, researchers, and alternative healthcare practitioners are a major threat to the profits of the medical cartel, food industry, and oil industry that are being exploited from the unknowing citizenry around the globe. " In other words – they want us sick so they can profit.

<http://www.rumormillnews.com/cgi-bin/forum.cgi?read=94928>

Prescription drug deaths skyrocket 68 percent over five years as Americans swallow more pills

Thursday, February 22, 2007

by: M.T. Whitney

Poisoning from prescription drugs has risen to become the second-largest cause of unintentional deaths in the United States, according to the federal Centers for Disease Control and Prevention. In its Morbidity and Mortality Weekly Report, researchers found that deaths from prescription drugs rose from 4.4 per 100,000 people in 1999 to 7.1 per 100,000 in 2004. This increase represents a jump from 11,000 people to almost 20,000 in the span of five years.

<http://www.newstarget.com/021635.html>